



KINGS COUNTY

Mobile Psychiatric Crisis Services



Objectives

- The objectives of this study session are to inform the Board of Supervisors regarding:
 - What is mobile psychiatric crisis services
 - The new Medicaid Mobile Crisis Benefit
 - The Kings County Mobile Crisis Planning Grant Results
 - The next steps in mobilizing psychiatric crisis services to the County of Kings



What is Mobile Psychiatric Crisis Services

- Mobile psychiatric crisis services are:
 - Rapid response, brief assessment and community-based stabilization
 - Provided 24/7 by a multidisciplinary mobile crisis team
 - Delivered at the location where the individuals is experiencing the behavioral health crisis
 - Designed to provide relief through de-escalation and stabilization techniques
 - Avoids unnecessary emergency department care, psychiatric inpatient hospitalizations, and law enforcement involvement
 - Includes warm handoffs to appropriate settings and providers



What is Mobile Psychiatric Crisis Services, *continued*

- Mobile psychiatric crisis services are *(continued)*:
 - 70% community stabilization rate
 - This is the current rate through KCBH's contract non-mobile crisis program



New Medicaid Mobile Crisis Benefit

- The American Rescue Plan Act (ARPA) of 2021 allows states to add mobile crisis services as a covered Medicaid benefit for a 5-year period ending March 31, 2027
- ARPA provides an opportunity to receive an enhanced 85% federal medical assistance percentage (FMAP) for the first 12 fiscal quarters
- California Department of Health Care Services (DHCS) added this benefit to Medi-Cal and released guidelines December 2022 and June 2023



Kings County Mobile Crisis Planning Grant

- During the same time, Kings County Behavioral Health (KCBH) was conducting community planning for the mobilization of crisis services
- This planning effort was funded through a grant KCBH was awarded and brought before your Board on October 4, 2022
- The objective of this planning effort was to best understand the need and design of mobile crisis services for the County of Kings
- The planning effort took place from February 2023 through June 2023, of which the results are represented on the following slides



Kings County Mobile Crisis Planning Results

- KCBH convened a stakeholder group to help design the community planning effort and interpret the results
 - This stakeholder group was comprised of representation from, but not limited to, KCBH, Law Enforcement, Kings County Office of Education, Naval Air Station, Family Support Group, Central Valley Regional Center, Adventist Health, Mental Health & Substance Use Disorder Providers, and more
- The stakeholder group completed the community planning through online surveys in Spanish and English, Focus Groups, and Key Informant Interviews
- These efforts took place during April and May 2023



Kings County Mobile Crisis Planning Results, *continued*

- 796 Community surveys were completed
- 70 Provider/entity surveys were completed
- 4 focus groups were held with a total of 46 participants
- 2 Key Informant Interviews were held
- A data analysis was completed of current and prior fiscal year crisis data



Kings County Mobile Crisis Planning Results, *continued*

- Brief Summary of the Planning Results:
 - In fiscal year 2021-2022 there were 1,286 crisis contacts and in the first 8 months of FY 2022-2023 there were 943 contacts by the KCBH's contract crisis program (non-mobile program)
 - There were approximately 120 psychiatric crises documented by the county contracted crisis team per month
 - Approximately 20 crises occur per day Monday through Thursday then it declines Friday through Sunday to about 10-15
 - Survey respondents and focus group participants were in favor of mobilizing psychiatric crisis services



Kings County Mobile Crisis Planning Results, *continued*

- Brief Summary of the Planning Results, *continued*:
 - Services by trained mental health professionals coupled with peers
 - Providers should be culturally diverse and linguistically competent
 - Booklet should be made and disseminated during crisis for family
 - Response time and follow-up should be a focus
 - Law enforcement should not be involved unless warranted
 - Transportation should be through mobile crisis team if warranted and appropriate
 - The primary characteristics causing crises, per community perception as stated through survey results, were drugs and alcohol, family or domestic issues, and death of a loved one



Next Steps

- The next steps in mobilizing psychiatric crisis services to the County of Kings are:
 - Sept-Dec 2023: Release a Request for Proposal (RFP) to identify a vendor to provider mobile crisis services
 - Oct 2023: Submit a DHCS-required Implementation Plan per BHIN 23-025
 - Jan-Apr 2024: Execute a contract with awarded vendor
 - May-July 2024: New vendor program start-up (hire, lease, train, implement)
 - Aug 1, 2024: Potential go-live of mobile crisis services to the County of Kings



Questions?