

Kings County Breastfeeding Coalition Lunch & Learn

Breastfeeding Education: "Teaching Strategies & Community Resources" February 19, 2019 Lunch 11:30 Presentation 12:00 - 1:00

Presented by:







Coleen Salazar, BA, IBCLC, LCCE Certified Childbirth Educator Doula Lactation Consultant

Colleen is the owner operator of Experience Birth & Beyond. She is blessed with more than 40 years experience with infants & passionate about supporting gentle birth & breastfeeding.

Objectives:

- **1.** Explore 6 ways to make breastfeeding education "stick" for adult learners.
- 2. Learn 3 ways breastfeeding education strategies that may be utilized with expectant and new parents.
- 3. Obtain resources for further insight into groups with special needs / various cultures.
- 4. Identify 3 Kings County community resources which support on-going breastfeeding education.



PROVIDER EDUCATION:

Provider approved by the California Board of Registered Nursing, Provider No. CEP 7603 for 1 contact hour.

Kings County Health Department

Registration Deadline: February 15, 2019 Registration Problems? Email: Teresa.Lopez@co.kings.ca.us 559-852-4525

MISSION STATEMENT

To promote breastfeeding as optimal nutrition in a supportive community environment where women are empowered to choose to breastfeed through consistent, accurate information from health care providers, hospitals, and other community resources.

Location: Chapel behind Central Valley Network 1025 North Douty St, Hanford, CA 93230

Lunch 11:30 Presentation 12:00 - 1:00

Lunch provided kindness of Adventist Medical Center

Save the Date 2019:

KCBC Lunch & Learn

♦ 5/21/19
8/30/19
11/19/19

KCBC Business Meetings

 3/19/19 4/16/19 6/18/19 7/16/19 9/17/19 10/15/19 12/17/19